

# SAFEGUARDING AND WELLBEING



The Sutton Academy

October 2022

We understand that the cost of living crisis is having a huge impact on our students and their families. We would like to help to ensure that every families' basic needs are met.

If you are struggling – please reach out and we will endeavour to do our best to help!

## Food Banks in St Helens

Please contact us if you need support – we can help with a foodbank voucher and offer advice if further support is needed.



St Helens Foodbank provides a supply of emergency food. From four hubs, based in different locations throughout St. Helens, they distribute to those who are most in need.



Food Bank Distribution Centres				
Day	Name	Address	Postcode	Opening Times
Monday	The Mount Church	Traverse Street St Helens	WA9 1BW	12:30–14:30
Tuesday	The Hope Centre, CLC	Atherton Street St Helens	WA10 2DT	11:00–14:30
Wednesday	St John the Baptist Church	St John Street Earlestown	WA12 9NW	11:30–13:30
Thursday	Parish Church Hall	Church St St Helens	WA10 1AF	11:00–14:00
Friday	The Hope Centre, CLC	Atherton Street St Helens	WA10 2DT	11:00–14:30
Friday	Newton Family & Community Centre	Park Road South Newton-le-Willows	WA12 8EX	11:00–14:30

## A TYPICAL FOOD PARCEL INCLUDES:

- Breakfast cereals
- Soup
- Pasta
- Rice
- Pasta sauce
- Tinned beans
- Tinned meat
- Tinned veg
- Tinned fruit
- Tea or coffee
- Sugar
- Biscuits
- Snacks



Please contact your local Citizens Advice Bureau if you are unsure about anything



The following link is for the household support fund – these can help with food, fuel or furniture & white goods

<https://sthelens.gov.uk/householdsupportfund>

If you are struggling please contact the safeguarding team at The Sutton Academy so we can help to support you or signpost to relevant agencies.

As always, if you have any issues around your child's mental health and well-being, please contact a member of the safeguarding team, or your child's Head of Year.